



May 2019

CARTA

Oklahoma Citizen Advocates for Recovery and Transformation Association

2808 NW 31st, Oklahoma City, OK 73112 Phone: 405-848-7555 Friend Line: 405-436-4083 Crisis Line: 405-812-4580

MONDAY 10a - 9p	TUESDAY 10a - 9p	WEDNESDAY 10a - 9p	THURSDAY 10a - 9p	FRIDAY 10a - 9p	SATURDAY 1p - 9p	SUNDAY Closed
		1	2	3	4	Memorial Day
12pm Peer Support 1pm - Meditation 2pm - Art Class 2:30pm - Parenting 7pm - Peer Support	11am - Co-Dependency 12pm - Peer Support 2pm - Thinking for a Change 3pm - DBSA 4 pm - Y.E.L.L.O. 7pm - Peer Support 7:30pm - Anger Mgmt	11am - Healing Hearts 12pm - Peer Support 1pm - Seeking Safety 3pm - RSS Mtg. 7pm - Peer Support	12pm - Peer Support 1pm - Meditation 2pm - Art Class 3pm - Peer Zone 7pm - Peer Support	10am - WRAP 11am - Anger Mtg. 12pm - Peer Support 2pm - REAL 5:30pm - Movie Night 7:00pm - Schizophrenics Alliance 8pm - Peer Support	3pm - Peer Support	
6 / 13	7 / 14	8 / 15	9 / 16	10 / 17	11 / 18	
12pm Peer Support 1pm - Meditation 2pm - Art Class 2:30pm - Parenting 7pm - Peer Support	11am - Co-Dependency 12pm - Peer Support 2pm - Thinking for a Change 3pm - DBSA 4 pm - Y.E.L.L.O. 7pm - Peer Support 7:30pm - Anger Mgmt	11am - Healing Hearts 15th Only 11am to 2pm - Bowls of Hope 12pm - Peer Support 1pm - Seeking Safety 3pm - RSS Mtg. 7pm - Peer Support	12pm - Peer Support 1pm - Meditation 2pm - Art Class 3pm - Peer Zone 7pm - Peer Support	10am - WRAP 11am - Anger Mtg. 12pm - Peer Support 2pm - REAL 5:30pm - Movie Night 7:00pm - Schizophrenics Alliance 8pm - Peer Support	<i>18th Only:</i> 10am to 12pm - Participant Event 3pm - Peer Support	
20	21	22	23	24	25	1st Monday of each month, free rapid HIV and Hep C Testing 10am-6pm provided at no charge from Turning Point.
12pm Peer Support 1pm - Meditation 2pm - Art Class 2:30pm - Parenting 7pm - Peer Support	11am - Co-Dependency 12pm - Peer Support 2pm - Thinking for a Change 3pm - DBSA 4 pm - Y.E.L.L.O. 7pm - Peer Support 7:30pm - Anger Mgmt	11am - Healing Hearts 12pm - Peer Support 1pm - Seeking Safety 3pm - RSS Mtg. 7pm - Peer Support	12pm - Peer Support 1pm - Meditation 2pm - Art Class 3pm - Peer Zone 7pm - Peer Support	10am - WRAP 11am - Anger Mtg. 12pm - Peer Support 2pm - REAL 5:30pm - Movie Night 7:00pm - Schizophrenics Alliance 8pm - Peer Support	3pm - Peer Support	
27	28	29	30	31		
CLOSED FOR MEMORIAL DAY	11am - Co-Dependency 12pm - Peer Support 2pm - Thinking for a Change 3pm - DBSA 4 pm - Y.E.L.L.O. 7pm - Peer Support 7:30pm - Anger Mgmt	11am - Healing Hearts 12pm - Peer Support 1pm - Seeking Safety 3pm - RSS Mtg. 7pm - Peer Support	12pm - Peer Support 1pm - Meditation 2pm - Art Class 3pm - Peer Zone 7pm - Peer Support	10am - WRAP 11am - Anger Mtg. 12pm - Peer Support 2pm - REAL 5:30pm - Movie Night 7:00pm - Schizophrenics Alliance 8pm - Peer Support		

A community partner of: Oklahoma Dept. of Mental Health and Substances Abuse, Faces and Voices of Recovery, CAPRSS-Accredited Recovery Community Organization, ARCO, Faces and Voices of Recovery, OCCIC, OCRU, Jordan's Crossing, Family Treatment Center, Red Rock, Northcare, Hope Community Services, OKRA, Oklahoma County Drug Court, 12&12 Treatment Center, MAT, TRC, First National Bank of Oklahoma, and SAMHSA.