



CARTA

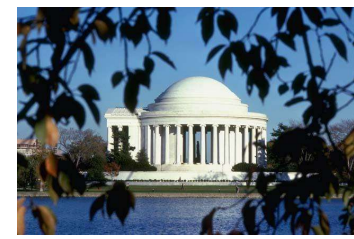
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Oklahoma Citizens Advocates for Recovery and Transformation Association

Person-Centered, Peer-Lead Recovery Support Program and a Place of Healing for ALL!

"Recovery Is A Reality!"



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2  Closed for Labor Day	3 11:00 AM Codependency 12:00 PM Peer Support 2:00 PM Thinking for a Change 3:00 PM DBSA 4:00 PM YELLO Meeting 7:00 PM Peer Support	4 11:00 AM Healing Hearts 12:00 PM Peer Support 1:00 PM Seeking Safety 3:00 PM RSS Meeting 7:00 PM Peer Support	5 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 3:00 PM Peer Zone 7:00 PM Peer Support	6 10:00 AM WRAP 11:00 AM Anger Mgmt. 2:00 PM REAL 5:30 PM Movie Night 7:00 PM Schizophrenia Alliance	7 3:00 PM Peer Support
8 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 2:30 PM Parenting 7:00 PM Peer Support	9	10 11:00 AM Codependency 12:00 PM Peer Support 2:00 PM Thinking for a Change 3:00 PM DBSA 4:00 PM YELLO Meeting 7:00 PM Peer Support	11 11:00 AM Healing Hearts 12:00 PM Peer Support 1:00 PM Seeking Safety 3:00 PM RSS Meeting 7:00 PM Peer Support	12 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 3:00 PM Peer Zone 7:00 PM Peer Support	13 10:00 AM WRAP 11:00 AM Anger Mgmt. 2:00 PM REAL 5:30 PM Movie Night 7:00 PM Schizophrenia Alliance	14 3:00 PM Peer Support
15 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 2:30 PM Parenting 7:00 PM Peer Support	16	17 11:00 AM Codependency 12:00 PM Peer Support 2:00 PM Thinking for a Change 3:00 PM DBSA 4:00 PM YELLO Meeting 7:00 PM Peer Support	18 11:00 AM Bowls of Hope 11:00 AM Healing Hearts 12:00 PM Peer Support 1:00 PM Seeking Safety 3:00 PM RSS Meeting 7:00 PM Peer Support	19 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 3:00 PM Peer Zone 7:00 PM Peer Support	20 10:00 AM WRAP 11:00 AM Anger Mgmt. 2:00 PM REAL 5:30 PM Movie Night 7:00 PM Schizophrenia Alliance	21 10:00 AM Participant Monthly Event 3:00 PM Peer Support
22 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 2:30 PM Parenting 7:00 PM Peer Support	23	24 11:00 AM Codependency 12:00 PM Peer Support 2:00 PM Thinking for a Change 3:00 PM DBSA 4:00 PM YELLO Meeting 7:00 PM Peer Support	25 11:00 AM Healing Hearts 12:00 PM Peer Support 1:00 PM Seeking Safety 3:00 PM RSS Meeting 7:00 PM Peer Support	26 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 3:00 PM Peer Zone 7:00 PM Peer Support	27 10:00 AM WRAP 11:00 AM Anger Mgmt. 2:00 PM REAL 5:30 PM Movie Night 7:00 PM Schizophrenia Alliance	28 8:00 AM -2:00 PM 18th Annual Recovery Walk at Washington Park, 
29 12:00 PM Peer Support 1:00 PM Meditation 2:00 PM Art Class 2:30 PM Parenting 7:00 PM Peer Support	30					